



# Sweetwater City Schools

Sweetwater City Schools have proactive measures in place to reduce the spread of illness in our schools such as our two-step cleaning process, which allows custodians to focus their attention on high-touch surfaces to kill germs. District leadership will have ongoing communication with the CDC as well as state and local health officials to review best practices and receive updates which may impact our community. SCS is focused on keeping our students and employees safe.

The CDC recommends the following:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Always wash hands with soap and water if hands are visibly dirty.

The following resources from the CDC provide actionable things you and your children can do to prevent the spread of flu, strep, and COVID-19.

Flu - [https://www.cdc.gov/flu/resource-center/images/multi-language-pdfs/flu\\_and\\_you\\_english\\_508.pdf?fbclid=IwAR0fC88yZdPTIgn7E-O8Sf5RDn53rU1y\\_g76uaF8LYdXWR0MhBPoSaihZvA](https://www.cdc.gov/flu/resource-center/images/multi-language-pdfs/flu_and_you_english_508.pdf?fbclid=IwAR0fC88yZdPTIgn7E-O8Sf5RDn53rU1y_g76uaF8LYdXWR0MhBPoSaihZvA)

Strep - <https://www.cdc.gov/groupastrep/index.html>

COVID-19 - <https://www.cdc.gov/.../201.../downloads/2019-ncov-factsheet.pdf>

COVID-19 Prevention and Treatment - <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>

Handwashing - <https://www.cdc.gov/handwashing/index.html>